

PRODUCT		£ EACH	PRODUCT	£ EACH
DVDs				
Ruth White Yoga Back Stretches (55 minutes)		£13.95	Baby Yoga - Birthlight (86 minutes)	£13.95
Ruth White Yoga for the More Adept (50 minutes)		£13.95	Baby Yoga for Toddlers - Birthlight (53 minutes)	£13.95
CDs BY FRIDRIK KARLSSON				
Good Morning CD (60 minutes)		£11.95	Harmony CD (60 minutes) with Aromatherapy Candle	£15.95
Good Night CD (60 minutes)		£11.95	Tranquility CD (60 minutes) with Aromatherapy Candle	£15.95
Total Balance CD (60 minutes)		£11.95	Vitality CD (60 minutes) with Aromatherapy Candle	£15.95
Spiritual Fitness CD (60 minutes)		£11.95	Sensuality CD (60 minutes) with Aromatherapy Candle	£15.95
SPA & AROMATHERAPY FROM THE CELTIC HERBAL COMPANY, AROMA HOME & WILD EARTH NEPAL				
Lavender, Rosemary & Mandarin Bath Oil (100ml)		£8.45	Lip Balm - Honey & Lemon (8ml)	£3.65
Rose, Grapefruit & Lavender Bath Oil (100ml)		£8.45	Hand Balm - Frankincense & Orange (25ml)	£4.75
Detox Bath Oil (100ml)		£8.45	Foot Balm - Peppermint, Eucalyptus & Lemongrass (25ml)	£4.75
Yummy Mummy Massage Oil (100ml)		£6.25	Pink Clay & Geranium Face Mask (55g)	£4.75
Baby Massage Oil (100ml)		£6.25	Organic Steam Facial (15g)	£3.65
Nappy Cream with Chamomile & Calendula (60ml)		£4.95	Aroma Home Hot Body Wrap in Lavender (700g)	£10.50
Baby Milk Bath with Chamomile & Lavender (250ml)		£5.95	Aroma Home Hot Body Wrap in Pink (700g)	£10.50
Fragrance Free Baby Soap (80g)		£2.95	Tranquillity Dream Energy Aromatic Pillows	£7.75
Reviving Organic Herbal Bath Blend (2 x 12g)		£3.65	Hangover Aromatic Pillow	£7.75
YOGATEDS GREETINGS CARDS & POSTCARDS				
YogaTeds Postcards - mixed pack of 5 (pack 1)		£2.25	YogaTeds Greetings Card - mixed pack of 5 (pack 1)	£6.25
YogaTeds Postcards - mixed pack of 5 (pack 2)		£2.25	YogaTeds Greetings Card - mixed pack of 5 (pack 2)	£6.25
YogaTeds Postcards - mixed pack of 5 (pack 3)		£2.25	YogaTeds Greetings Card - pack of 10 (packs 1 & 2)	£11.50
YogaTeds Postcards - pack of 15 (packs 1, 2 & 3)		£6.50	The Yoga Class Greetings Card - pack of 5	£7.75
YuleTeds Greetings Card - pack of 5		£4.95	The Yoga Class Greetings Card - pack of 10	£14.50
YuleTeds Greetings Card - pack of 10		£8.50	The Yoga Class 500 piece Jigsaw	£9.95
YOGA & HEALTH BOOKS, DECKS & GIFTS				
Yoga Deck I		£12.99	Essential Yoga	£12.99
Yoga Deck II		£12.99	Doga	£9.99
Prenatal Yoga Deck		£12.99	Ageless Yoga	£12.99
Kids Yoga Deck		£12.99	Spa Mama	£8.99
Little Yogis Game Cards		£4.50	Yoga Sequences Book 1	£9.95
Travel Yoga		£6.99	Yoga Sequences Book 2	£9.95
Office Yoga		£6.99	Little Yogis™ Softback Colouring in Book	£3.50
Lovers' Yoga		£6.99	Little Yogis™ Softback Daydream Colouring Book	£4.95
DEVI YOGA CLOTHING				
¾ Length Yoga Trouser	DEVILEG07	Black	Medium (sizes 8, 10 & 12) & Large (sizes: 14 & 16)	£44.95
¾ Length Yoga Trouser	DEVILEG02	Mediterranean Blue	Medium (sizes 8, 10 & 12)	£44.95
Long Yoga Trouser	DEVITROU07	Black	Medium (sizes 8, 10 & 12) & Large (sizes: 14 & 16)	£54.95
Devaya Yoga Top	DEVIDEVA07	Black	Sm / Med (sizes 8, 10 & 12) & Med / Large (sizes: 14 & 16)	£34.99
Parvati Yoga Top	DEVIPARV07	Black	Sm / Med (sizes 8, 10 & 12) & Med / Large (sizes: 14 & 16)	£34.99
T-SHIRTS				
Asana Array T-shirt	AA01	Purple with White	Sizes: Small, Medium, Large, X-Large	£11.00
Asana Array T-shirt	AA12	White with Black	Sizes: Small, Medium, Large, X-Large	£11.00
CHILDREN'S YOGA KITS (please see our website or call us for full kit prices and details)				
Kid's Classic Kit	KCK	Kids Classic Mat, Kids Yoga Deck & YogaTeds Postcards		£25.99
Little Yogis Boxed Kit	WLBK	Little Yogis Mat, DVD Volume I, Kids Asana Poster & Stickers		£21.50

Buy Online at: www.ruthwhiteyoga.com/shop

Order Line: 01635 277494

We reserve the right to alter our prices & specifications without notice. Please see our website for the most up-to-date prices, monthly special offers, delivery, postage & packing costs and our terms and conditions or contact us for details. PRICES VALID FROM 1ST SEPT 2008.